



# Crossfit Central

## Fittest Games Challenge

### CROSSFIT DALLAS CENTRAL & CROSSFIT CENTRAL CHAMPIONSHIP

Column1	ELITE MALE	WORKOUT 1	WORKOUT 2	FINAL
1	Jeff Reed	11:09	10:08	21:17
2	Kris Kepler	10:43	11:14	21:57
3	Drew Skaggs	10:46	11:27	22:13
4	Dennis Sukholutsky	11:44	11:22	23:06
5	Ken Cutrer	12:28	11:31	23:59
6	Jarrold Freshour	10:05	14:03	24:08
7	Dean XU	10:54	13:22	24:16
8	Drew Bignall	12:52	11:49	24:41
8	Tyler Parsons	12:40	12:01	24:41
9	Landon Adams	12:05	12:40	24:45
10	Miguel Garza	10:54	14:46	25:40
11	Bobby Sirkis	13:32	12:51	26:23
12	Marco Talamentez	11:46	14:42	26:28
13	Leonard Mermea*	13:36	13:28	27:04
14	Michael Winchester	12:14	15:42	27:56
15	David de Leon	13:00	15:15	28:15
16	Keith Kandetzke	11:35	17:30	29:05
17	Nathan Vecera	13:16	16:37	29:53
18	Eric Wood	13:47	17:55	31:42
19	Jesse Ellwein	12:26	19:30	31:56
20	Richard White	13:22	DNF	DNF
21	Glen Chandler	19:05	DND	DND
Column1	ELITE FEMALE	WORKOUT 1	WORKOUT 2	FINAL
1	Jen Cardella	14:04	14:18	28:22
2	Linda Pierson	13:07	15:23	28:30
3	Whitney Welsch	14:01	15:03	29:04
4	Elizabeth Elizondo	16:02	13:24	29:26
5	Havalah Winslow	15:24	15:23	30:47
6	Melissa Knourek	16:26	15:32	31:58
7	Jill DiGiampaolo*	12:32	12:29	25:01
8	Tara Fruchterman*	13:27	12:59	26:26
9	Polly Bobseine*	14:24	11:05	25:29
10	Linda Salcedo	DNF	DNF	DNF
11	Dezette Maxfield	DNF	DNF	DNF

\*Indicates Athletes who did not compete in the 1<sup>st</sup> Fittest Games Challenge on March 7<sup>th</sup>.

Only those who qualified in the top 15 on March 7<sup>th</sup> are eligible to win the grand prize.